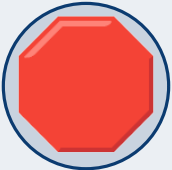


AAC | RIGHTS & CONSENT
AAC-001



EN
Stop. I do not consent.

ES
Alto. No doy mi consentimiento.

SUPPORT: Stop the action and ask what is allowed.

ANCHOR

Roles: SELF • CARE • SCHOOL • SRO • PUBLIC
Dock Here for Support


AAC | RIGHTS & CONSENT
AAC-002



EN
Ask before touching me.

ES
Pregunte antes de tocarme.

SUPPORT: Explain, ask, wait, then proceed only with consent.

ANCHOR

Roles: SELF • CARE • SCHOOL • SRO • PUBLIC
Dock Here for Support


AAC | RIGHTS & CONSENT
AAC-003



EN
I need privacy.

ES
Necesito privacidad.

SUPPORT: Move to private space or lower audience.

ANCHOR

Roles: SELF • CARE • SCHOOL • PUBLIC
Dock Here for Support


AAC | RIGHTS & CONSENT
AAC-004



EN
Explain my rights in plain words.

ES
Explique mis derechos con palabras claras.

SUPPORT: Use short plain-language explanation.

ANCHOR

Roles: SELF • NAV • CARE • SRO • PUBLIC
Dock Here for Support


AAC | RIGHTS & CONSENT
AAC-005



EN
I have the right to communicate.

ES
Tengo derecho a comunicarme.

SUPPORT: Accept the person's chosen method.

ANCHOR

Roles: SELF • SCHOOL • CARE • SRO • PUBLIC
Dock Here for Support


AAC | RIGHTS & CONSENT
AAC-006



EN
Talk to me, not around me.

ES
Hábleme a mí, no sobre mí.

SUPPORT: Address the person directly.

ANCHOR

Roles: SELF • FAMILY • CARE • SCHOOL • PUBLIC
Dock Here for Support


AAC | RIGHTS & CONSENT
AAC-007



EN
I choose who helps me.

ES
Yo elijo quién me ayuda.

SUPPORT: Ask who the person wants present.

ANCHOR

Roles: SELF • FAMILY • CARE • NAV
Dock Here for Support


AAC | RIGHTS & CONSENT
AAC-008



EN
Do not record me.

ES
No me grabe.

SUPPORT: Do not film or photograph without consent.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC
Dock Here for Support


AAC | RIGHTS & CONSENT

AAC-009



EN

Write it down for me.

ES

Escríbelo para mí.**SUPPORT:** Give written next steps.

ANCHOR

Roles: SELF • CARE • SCHOOL • WORK • PUBLIC

Dock Here for Support



AAC | RIGHTS & CONSENT

AAC-010



EN

Yes.

ES

Sí.**SUPPORT:** Confirm the selected choice.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | RIGHTS & CONSENT

AAC-011



EN

No.

ES

No.**SUPPORT:** Honor the refusal unless safety requires action.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | RIGHTS & CONSENT

AAC-012



EN

I do not know yet.

ES

Todavía no lo sé.**SUPPORT:** Give time and reduce pressure.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | CORE NEEDS

AAC-013



EN

I need water.

ES

Necesito agua.**SUPPORT:** Offer water and time to drink.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • WORK

Dock Here for Support



AAC | CORE NEEDS

AAC-014



EN

I need food.

ES

Necesito comida.**SUPPORT:** Offer snack or meal plan.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • WORK

Dock Here for Support



AAC | CORE NEEDS

AAC-015



EN

I need the bathroom.

ES

Necesito ir al baño.**SUPPORT:** Show the nearest restroom.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • PUBLIC • CARE

Dock Here for Support



AAC | CORE NEEDS

AAC-016



EN

I need rest.

ES

Necesito descansar.**SUPPORT:** Lower demands and allow recovery.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK • CARE

Dock Here for Support



AAC | CORE NEEDS
AAC-017



EN
I need to sit down.

ES
Necesito sentarme.

SUPPORT: Provide a seat without debate.

ANCHOR

Roles: SELF • PUBLIC • CARE • SCHOOL • WORK
Dock Here for Support


AAC | CORE NEEDS
AAC-018



EN
I am lost.

ES
Estoy perdido/a.

SUPPORT: Use map and simple directions.

ANCHOR

Roles: SELF • PUBLIC • NAV • MOBILE
Dock Here for Support


AAC | CORE NEEDS
AAC-019



EN
I need help finding support.

ES
Necesito ayuda para encontrar apoyo.

SUPPORT: Route to the correct support contact.

ANCHOR

Roles: SELF • FAMILY • NAV • PUBLIC
Dock Here for Support


AAC | CORE NEEDS
AAC-020



EN
I need my device.

ES
Necesito mi dispositivo.

SUPPORT: Return communication device immediately.

ANCHOR

Roles: SELF • SCHOOL • CARE • SRO • PUBLIC
Dock Here for Support


AAC | CORE NEEDS
AAC-021



EN
My device needs charging.

ES
Mi dispositivo necesita cargarse.

SUPPORT: Provide power or backup card access.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC
Dock Here for Support


AAC | CORE NEEDS
AAC-022



EN
I am too cold.

ES
Tengo demasiado frío.

SUPPORT: Offer warmer space or blanket.

ANCHOR

Roles: SELF • CARE • SCHOOL • WORK
Dock Here for Support


AAC | CORE NEEDS
AAC-023



EN
I am too hot.

ES
Tengo demasiado calor.

SUPPORT: Offer cooler space or water.

ANCHOR

Roles: SELF • CARE • SCHOOL • WORK
Dock Here for Support


AAC | CORE NEEDS
AAC-024



EN
I need a safe person.

ES
Necesito una persona segura.

SUPPORT: Call or bring the trusted support person.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • SRO • CARE
Dock Here for Support


AAC | BODY / HEALTH
AAC-025



EN

I am in pain.

ES **Tengo dolor.**

SUPPORT: Assess pain before interpreting behavior.

ANCHOR



Roles: SELF • FAMILY • CARE • SCHOOL
Dock Here for Support

AAC | BODY / HEALTH
AAC-026



EN

I feel sick.

ES **Me siento enfermo/a.**

SUPPORT: Check symptoms and reduce demand.

ANCHOR



Roles: SELF • FAMILY • CARE • SCHOOL
Dock Here for Support

AAC | BODY / HEALTH
AAC-027



EN

My heart is racing.

ES **Mi corazón late muy rápido.**

SUPPORT: Pause, breathe, check safety.

ANCHOR



Roles: SELF • CARE • SCHOOL • WORK
Dock Here for Support

AAC | BODY / HEALTH
AAC-028



EN

Breathing is hard.

ES **Me cuesta respirar.**

SUPPORT: Check medical needs; use calm pacing.

ANCHOR



Roles: SELF • CARE • SCHOOL • WORK
Dock Here for Support

AAC | BODY / HEALTH
AAC-029



EN

My brain is overloaded.

ES **Mi cerebro está sobrecargado.**

SUPPORT: Reduce input and give quiet.

ANCHOR



Roles: SELF • SCHOOL • CARE • WORK
Dock Here for Support

AAC | BODY / HEALTH
AAC-030



EN

I feel dizzy.

ES **Me siento mareado/a.**

SUPPORT: Seat the person and assess.

ANCHOR



Roles: SELF • CARE • SCHOOL • PUBLIC
Dock Here for Support

AAC | BODY / HEALTH
AAC-031



EN

I need a cool-down.

ES **Necesito enfriarme.**

SUPPORT: Provide cool space or object.

ANCHOR



Roles: SELF • SCHOOL • WORK • CARE
Dock Here for Support

AAC | BODY / HEALTH
AAC-032



EN

Medication may matter.

ES **La medicina puede importar.**

SUPPORT: Check health plan with consent.

ANCHOR



Roles: SELF • FAMILY • CARE • SCHOOL
Dock Here for Support

AAC | BODY / HEALTH AAC-033



EN
I may need medical help.

ES Puede que necesite ayuda médica.

SUPPORT: Screen for medical cause first.

ANCHOR

Roles: SELF • CARE • SRO • SCHOOL

Dock Here for Support



AAC | BODY / HEALTH AAC-034



EN
My ears hurt.

ES Me duelen los oídos.

SUPPORT: Reduce sound or offer protection.

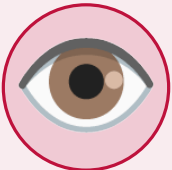
ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | BODY / HEALTH AAC-035



EN
My eyes hurt.

ES Me duelen los ojos.

SUPPORT: Dim lights or change location.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | BODY / HEALTH AAC-036



EN
Clothes or tags hurt.

ES La ropa o etiquetas duelen.

SUPPORT: Allow clothing accommodation.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK

Dock Here for Support



AAC | EMOTION / STATE AAC-037



EN
I am anxious.

ES Estoy ansioso/a.

SUPPORT: Name the next step and lower uncertainty.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • WORK

Dock Here for Support



AAC | EMOTION / STATE AAC-038



EN
I am angry, not unsafe.

ES Estoy enojado/a, no soy peligroso/a.

SUPPORT: Give space and calm options.

ANCHOR

Roles: SELF • SCHOOL • SRO • CARE • PUBLIC

Dock Here for Support



AAC | EMOTION / STATE AAC-039



EN
I am sad.

ES Estoy triste.

SUPPORT: Offer support without forcing speech.

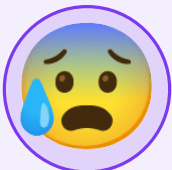
ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE

Dock Here for Support



AAC | EMOTION / STATE AAC-040



EN
I am scared.

ES Tengo miedo.

SUPPORT: Move slowly; explain what happens next.

ANCHOR

Roles: SELF • CARE • SCHOOL • SRO • PUBLIC

Dock Here for Support



AAC | EMOTION / STATE
AAC-041



EN
I am shutting down.

ES
Me estoy apagando.

SUPPORT: Stop demands and protect energy.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • WORK
Dock Here for Support


AAC | EMOTION / STATE
AAC-042



EN
I am near meltdown.

ES
Estoy cerca de una crisis.

SUPPORT: Reduce sensory load now.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • SRO • CARE
Dock Here for Support


AAC | EMOTION / STATE
AAC-043



EN
My capacity is low.

ES
Mi capacidad está baja.

SUPPORT: Reschedule or reduce tasks.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK • CARE
Dock Here for Support


AAC | EMOTION / STATE
AAC-044



EN
I cannot think clearly.

ES
No puedo pensar con claridad.

SUPPORT: Use yes/no and written options.

ANCHOR

Roles: SELF • CARE • SCHOOL • WORK
Dock Here for Support


AAC | EMOTION / STATE
AAC-045



EN
Words are hard.

ES
Las palabras son difíciles.

SUPPORT: Accept pointing, typing, or cards.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC
Dock Here for Support


AAC | EMOTION / STATE
AAC-046



EN
I need space.

ES
Necesito espacio.

SUPPORT: Step back and reduce audience.

ANCHOR

Roles: SELF • SCHOOL • SRO • CARE • PUBLIC
Dock Here for Support


AAC | EMOTION / STATE
AAC-047



EN
I am recovering.

ES
Me estoy recuperando.

SUPPORT: Do not debrief immediately.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK • CARE
Dock Here for Support


AAC | EMOTION / STATE
AAC-048



EN
I am okay right now.

ES
Estoy bien ahora.

SUPPORT: Keep support available.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • PUBLIC
Dock Here for Support


AAC | COMMUNICATION CONTROL

AAC-049



EN

Give me time to answer.

ES

Deme tiempo para responder.**SUPPORT:** Wait at least 10 seconds.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | COMMUNICATION CONTROL

AAC-050



EN

Please repeat that.

ES

Por favor repita eso.**SUPPORT:** Repeat one point at a time.

ANCHOR

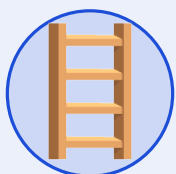
Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | COMMUNICATION CONTROL

AAC-051



EN

Use one step at a time.

ES

Use un paso a la vez.**SUPPORT:** Break into micro-steps.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support



AAC | COMMUNICATION CONTROL

AAC-052



EN

Show me a picture.

ES

Muéstreame una imagen.**SUPPORT:** Use visual example.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | COMMUNICATION CONTROL

AAC-053



EN

Use simple words.

ES

Use palabras sencillas.**SUPPORT:** Avoid jargon.

ANCHOR

Roles: SELF • CARE • SCHOOL • PUBLIC

Dock Here for Support



AAC | COMMUNICATION CONTROL

AAC-054



EN

Speak softer.

ES

Hable más bajo.**SUPPORT:** Lower voice volume.

ANCHOR

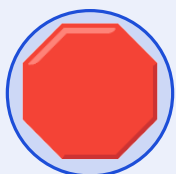
Roles: SELF • SCHOOL • CARE • SRO • PUBLIC

Dock Here for Support



AAC | COMMUNICATION CONTROL

AAC-055



EN

Stop asking questions.

ES

Deje de hacer preguntas.**SUPPORT:** Pause and switch to cards.

ANCHOR

Roles: SELF • SCHOOL • SRO • CARE

Dock Here for Support



AAC | COMMUNICATION CONTROL

AAC-056



EN

I will type or write.

ES

Voy a escribir o teclear.**SUPPORT:** Allow written response.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | COMMUNICATION CONTROL
AAC-057



EN
I will point.

ES
Voy a señalar.

SUPPORT: Offer choices to point at.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE
Dock Here for Support


AAC | COMMUNICATION CONTROL
AAC-058



EN
Summarize the plan.

ES
Resuma el plan.

SUPPORT: Write who does what next.

ANCHOR

Roles: SELF • NAV • CARE • SCHOOL • WORK
Dock Here for Support


AAC | COMMUNICATION CONTROL
AAC-059



EN
Spanish helps.

ES
El español ayuda.

SUPPORT: Provide Spanish access.

ANCHOR

Roles: SELF • FAMILY • CARE • SCHOOL • PUBLIC
Dock Here for Support


AAC | COMMUNICATION CONTROL
AAC-060



EN
That is not what I meant.

ES
Eso no es lo que quise decir.

SUPPORT: Repair meaning without blame.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC
Dock Here for Support


AAC | SENSORY / DEMAND
AAC-061



EN
Too loud.

ES
Demasiado ruido.

SUPPORT: Lower sound or move away.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC
Dock Here for Support


AAC | SENSORY / DEMAND
AAC-062



EN
Too bright.

ES
Demasiada luz.

SUPPORT: Dim lights or offer shade.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC
Dock Here for Support


AAC | SENSORY / DEMAND
AAC-063



EN
Strong smells are hard.

ES
Los olores fuertes son difíciles.

SUPPORT: Move away from smell source.

ANCHOR

Roles: SELF • CARE • SCHOOL • WORK
Dock Here for Support


AAC | SENSORY / DEMAND
AAC-064



EN
Touch feels painful.

ES
El tacto se siente doloroso.

SUPPORT: Avoid touch unless consented.

ANCHOR

Roles: SELF • CARE • SCHOOL • PUBLIC
Dock Here for Support


AAC | SENSORY / DEMAND AAC-065



EN
Crowds are too much.

ES Las multitudes son demasiado.

SUPPORT: Create space or alternate route.

ANCHOR

Roles: SELF • PUBLIC • SCHOOL • CARE

Dock Here for Support



AAC | SENSORY / DEMAND AAC-066



EN
Too many instructions.

ES Demasiadas instrucciones.

SUPPORT: Give one instruction.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support



AAC | SENSORY / DEMAND AAC-067



EN
Change needs warning.

ES Los cambios necesitan aviso.

SUPPORT: Warn early and show new plan.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support



AAC | SENSORY / DEMAND AAC-068



EN
Waiting is hard.

ES Esperar es difícil.

SUPPORT: Offer timer or alternate wait.

ANCHOR

Roles: SELF • PUBLIC • CARE • SCHOOL

Dock Here for Support



AAC | SENSORY / DEMAND AAC-069



EN
Choice reduces pressure.

ES La opción reduce la presión.

SUPPORT: Offer two acceptable options.

ANCHOR

Roles: SELF • SCHOOL • CARE • WORK

Dock Here for Support



AAC | SENSORY / DEMAND AAC-070



EN
Ultimatums make this worse.

ES Los ultimátums empeoran esto.

SUPPORT: Remove threat language.

ANCHOR

Roles: SELF • SCHOOL • SRO • CARE

Dock Here for Support



AAC | SENSORY / DEMAND AAC-071



EN
Freeze is not refusal.

ES Congelarse no es negarse.

SUPPORT: Pause and lower demand.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support



AAC | SENSORY / DEMAND AAC-072



EN
Adapt the environment.

ES Adapte el ambiente.

SUPPORT: Change setting before escalating.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | SOCIAL BOUNDARY AAC-073

EN
I do not want small talk.

ES No quiero charla casual.

SUPPORT: Use direct purpose-based language.

ANCHOR

Roles: SELF • WORK • SCHOOL • PUBLIC Dock Here for Support



AAC | SOCIAL BOUNDARY AAC-074

EN
Eye contact is not required.

ES No se requiere contacto visual.

SUPPORT: Do not demand eye contact.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE Dock Here for Support



AAC | SOCIAL BOUNDARY AAC-075

EN
Do not crowd me.

ES No me rodeen.

SUPPORT: Keep distance and one speaker.

ANCHOR

Roles: SELF • SRO • SCHOOL • CARE • PUBLIC Dock Here for Support



AAC | SOCIAL BOUNDARY AAC-076

EN
I am listening differently.

ES Estoy escuchando de otra manera.

SUPPORT: Check understanding, not posture.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE Dock Here for Support



AAC | SOCIAL BOUNDARY AAC-077

EN
Assume competence.

ES Presuma competencia.

SUPPORT: Do not talk down to the person.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • PUBLIC Dock Here for Support



AAC | SOCIAL BOUNDARY AAC-078

EN
Use direct words.

ES Use palabras directas.

SUPPORT: Avoid hints and sarcasm.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE Dock Here for Support



AAC | SOCIAL BOUNDARY AAC-079

EN
Do not tease me.

ES No se burle de mí.

SUPPORT: Stop teasing and protect dignity.

ANCHOR

Roles: SELF • SCHOOL • WORK • PUBLIC Dock Here for Support



AAC | SOCIAL BOUNDARY AAC-080

EN
Ask what helps.

ES Pregunte qué ayuda.

SUPPORT: Collaborate instead of assuming.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • WORK Dock Here for Support



AAC | SOCIAL BOUNDARY **AAC-081**

EN
I do not want to be touched.

ES No quiero que me toquen.

SUPPORT: Offer non-touch support.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | SOCIAL BOUNDARY **AAC-082**

EN
One speaker at a time.

ES Una persona habla a la vez.

SUPPORT: Choose one calm speaker.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



AAC | SOCIAL BOUNDARY **AAC-083**

EN
Offer help without forcing it.

ES Ofrezca ayuda sin imponerla.

SUPPORT: Ask permission and wait.

ANCHOR

Roles: SELF • PUBLIC • SCHOOL • CARE

Dock Here for Support



AAC | SOCIAL BOUNDARY **AAC-084**

EN
I need my boundary respected.

ES Necesito que respeten mi límite.

SUPPORT: Respect stated boundary.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK • CARE

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC **AAC-085**

EN
School: use my support plan.

ES Escuela: use mi plan de apoyo.

SUPPORT: Follow the current support plan.

ANCHOR

Roles: SELF • SCHOOL • FAMILY

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC **AAC-086**

EN
Teacher: show the task.

ES Maestro/a: muestre la tarea.

SUPPORT: Model the task visually.

ANCHOR

Roles: SELF • SCHOOL

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC **AAC-087**

EN
SRO: create space.

ES SRO: cree espacio.

SUPPORT: Distance, calm voice, no crowd.

ANCHOR

Roles: SELF • SRO • SCHOOL

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC **AAC-088**

EN
Provider: explain first.

ES Proveedor/a: explique primero.

SUPPORT: Explain before exam or touch.

ANCHOR

Roles: SELF • CARE • FAMILY

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC

AAC-089



EN

Navigator: connect the next step.

ES Navegador/a: conecte el siguiente paso.

SUPPORT: Route and document follow-up.

ANCHOR

Roles: SELF • NAV • FAMILY

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC

AAC-090



EN

Work: written expectations help.

ES Trabajo: las expectativas escritas ayudan.

SUPPORT: Write tasks and deadlines.

ANCHOR

Roles: SELF • WORK

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC

AAC-091



EN

Transit: confirm route and time.

ES Transporte: confirme ruta y hora.

SUPPORT: Give clear route and pickup details.

ANCHOR

Roles: SELF • PUBLIC • NAV

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC

AAC-092



EN

Benefits office: plain steps.

ES Oficina de beneficios: pasos claros.

SUPPORT: Use checklist and deadline.

ANCHOR

Roles: SELF • PUBLIC • NAV

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC

AAC-093



EN

Academy: practice the scenario.

ES Academia: practique el escenario.

SUPPORT: Use role-play with cards.

ANCHOR

Roles: ACADEMY • SCHOOL • CARE • SRO

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC

AAC-094



EN

Mobile team: bring card backup.

ES Equipo móvil: lleve tarjetas de respaldo.

SUPPORT: Use low-tech backup if device fails.

ANCHOR

Roles: MOBILE • NAV • CARE • PUBLIC

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC

AAC-095



EN

Family: believe the card.

ES Familia: crea la tarjeta.

SUPPORT: Treat the card as communication.

ANCHOR

Roles: FAMILY • SELF

Dock Here for Support



AAC | SCHOOL / WORK / PUBLIC

AAC-096



EN

ANCHOR: support before escalation.

ES ANCHOR: apoyo antes de escalar.

SUPPORT: Don't Escalate. Accommodate.

ANCHOR

Roles: PUBLIC • NAV • SRO • CARE • SCHOOL

Dock Here for Support



AAC | CRISIS / RECOVERY
AAC-097



EN

Rumble stage: reduce input.

ES Etapa de alerta: reduzca estímulos.

SUPPORT: Reduce sensory load and demand.

ANCHOR



Roles: SELF • SCHOOL • SRO • CARE • PUBLIC
Dock Here for Support

AAC | CRISIS / RECOVERY
AAC-098



EN

Meltdown: not a tantrum.

ES Crisis: no es berrinche.

SUPPORT: Keep safe; lower input.

ANCHOR



Roles: SELF • SCHOOL • SRO • CARE • PUBLIC
Dock Here for Support

AAC | CRISIS / RECOVERY
AAC-099



EN

Shutdown: do not force speech.

ES Apagamiento: no fuerce hablar.

SUPPORT: Protect energy and allow silence.

ANCHOR



Roles: SELF • SCHOOL • CARE • PUBLIC
Dock Here for Support

AAC | CRISIS / RECOVERY
AAC-100



EN

Move to a quiet safe place.

ES Vaya a un lugar seguro y tranquilo.

SUPPORT: Guide without crowding.

ANCHOR



Roles: SELF • SCHOOL • SRO • CARE • PUBLIC
Dock Here for Support

AAC | CRISIS / RECOVERY
AAC-101



EN

Call my support person.

ES Llame a mi persona de apoyo.

SUPPORT: Use listed emergency contact.

ANCHOR



Roles: SELF • SCHOOL • CARE • SRO
Dock Here for Support

AAC | CRISIS / RECOVERY
AAC-102



EN

Check medical causes first.

ES Revise causas médicas primero.

SUPPORT: Pain or illness may be hidden.

ANCHOR



Roles: SELF • CARE • SRO • SCHOOL
Dock Here for Support

AAC | CRISIS / RECOVERY
AAC-103



EN

Do not lecture me now.

ES No me sermonee ahora.

SUPPORT: Save discussion for recovery.

ANCHOR



Roles: SELF • SCHOOL • CARE • FAMILY
Dock Here for Support

AAC | CRISIS / RECOVERY
AAC-104



EN

Reduce audience and attention.

ES Reduzca público y atención.

SUPPORT: Clear space respectfully.

ANCHOR



Roles: SELF • SCHOOL • SRO • PUBLIC
Dock Here for Support

AAC | CRISIS / RECOVERY
AAC-105



EN

After crisis, I need recovery.

ES

Después de la crisis, necesito recuperarme.

SUPPORT: Rest before debrief.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE • WORK

Dock Here for Support



AAC | CRISIS / RECOVERY
AAC-106



EN

Return slowly.

ES

Regrese despacio.

SUPPORT: Use gradual re-entry.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support



AAC | CRISIS / RECOVERY
AAC-107



EN

Update my Access Passport.

ES

Actualice mi Pasaporte de Acceso.

SUPPORT: Record preferences with consent.

ANCHOR

Roles: SELF • NAV • CARE • SCHOOL • FAMILY

Dock Here for Support



AAC | CRISIS / RECOVERY
AAC-108



EN

Track barriers, not blame.

ES

Registre barreras, no culpas.

SUPPORT: Look for pattern and prevention.

ANCHOR

Roles: ACADEMY • NAV • SCHOOL • CARE

Dock Here for Support



SENSORY | SOUND
SEN-001



EN

Too loud.

ES

Demasiado ruido.

SUPPORT: Lower volume or move away.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



SENSORY | SOUND
SEN-002



EN

I need headphones.

ES

Necesito audífonos.

SUPPORT: Allow headphones.

ANCHOR

Roles: SELF • SCHOOL • WORK • PUBLIC

Dock Here for Support



SENSORY | SOUND
SEN-003



EN

Voices are too loud.

ES

Las voces están demasiado fuertes.

SUPPORT: Use a softer voice.

ANCHOR

Roles: SELF • SCHOOL • CARE • SRO

Dock Here for Support



SENSORY | SOUND
SEN-004



EN

Sudden sounds hurt.

ES

Los sonidos repentinos duelen.

SUPPORT: Warn before loud sounds.

ANCHOR

Roles: SELF • SCHOOL • WORK • PUBLIC

Dock Here for Support



SENSORY | SOUND
SEN-005



EN
Mechanical noise is too much.

ES
El ruido mecánico es demasiado.

SUPPORT: Move or dampen sound.

ANCHOR

Roles: SELF • WORK • SCHOOL • PUBLIC
Dock Here for Support


SENSORY | SOUND
SEN-006



EN
Too many people talking.

ES
Demasiadas personas hablando.

SUPPORT: Use one speaker.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC
Dock Here for Support


SENSORY | SOUND
SEN-007



EN
Alarm is overwhelming.

ES
La alarma es abrumadora.

SUPPORT: Guide calmly to quieter space.

ANCHOR

Roles: SELF • SCHOOL • PUBLIC • SRO
Dock Here for Support


SENSORY | SOUND
SEN-008



EN
Background music is hard.

ES
La música de fondo es difícil.

SUPPORT: Turn down or remove music.

ANCHOR

Roles: SELF • WORK • PUBLIC • CARE
Dock Here for Support


SENSORY | SOUND
SEN-009



EN
Quiet helps me reset.

ES
El silencio me ayuda a reiniciar.

SUPPORT: Offer quiet time.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE
Dock Here for Support


SENSORY | LIGHT / VISUAL
SEN-010



EN
Lights are too bright.

ES
Las luces son demasiado brillantes.

SUPPORT: Dim lights or change seat.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC
Dock Here for Support


SENSORY | LIGHT / VISUAL
SEN-011



EN
I need sunglasses or shade.

ES
Necesito gafas oscuras o sombra.

SUPPORT: Allow shade or sunglasses.

ANCHOR

Roles: SELF • PUBLIC • SCHOOL • WORK
Dock Here for Support


SENSORY | LIGHT / VISUAL
SEN-012



EN
Screens are overwhelming.

ES
Las pantallas abruma.

SUPPORT: Reduce screen brightness.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE
Dock Here for Support


SENSORY | LIGHT / VISUAL
SEN-013



EN
Flashing lights are unsafe.

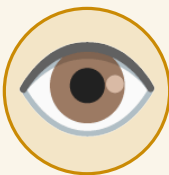
ES
Las luces intermitentes no son seguras.

SUPPORT: Avoid flashing light exposure.

ANCHOR

Roles: SELF • SCHOOL • PUBLIC • SRO
Dock Here for Support


SENSORY | LIGHT / VISUAL
SEN-014



EN
Visual clutter is too much.

ES
El desorden visual es demasiado.

SUPPORT: Clear visual field.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE
Dock Here for Support


SENSORY | LIGHT / VISUAL
SEN-015



EN
Sun glare hurts.

ES
El reflejo del sol duele.

SUPPORT: Move away from glare.

ANCHOR

Roles: SELF • PUBLIC • WORK
Dock Here for Support


SENSORY | LIGHT / VISUAL
SEN-016



EN
Small print is hard.

ES
La letra pequeña es difícil.

SUPPORT: Use large print.

ANCHOR

Roles: SELF • PUBLIC • CARE • NAV
Dock Here for Support


SENSORY | LIGHT / VISUAL
SEN-017



EN
Color coding helps.

ES
Los colores ayudan.

SUPPORT: Use consistent color cues.

ANCHOR

Roles: SELF • SCHOOL • WORK • ACADEMY
Dock Here for Support


SENSORY | LIGHT / VISUAL
SEN-018



EN
Low light helps.

ES
La luz baja ayuda.

SUPPORT: Offer low-light space.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE
Dock Here for Support


SENSORY | TOUCH / CLOTHING
SEN-019



EN
Do not touch me.

ES
No me toque.

SUPPORT: Ask before touching.

ANCHOR

Roles: SELF • CARE • SCHOOL • SRO
Dock Here for Support


SENSORY | TOUCH / CLOTHING
SEN-020



EN
Clothing feels painful.

ES
La ropa se siente dolorosa.

SUPPORT: Allow clothing flexibility.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK
Dock Here for Support


SENSORY | TOUCH / CLOTHING

SEN-021



EN

Tags or seams hurt.

ES

Etiquetas o costuras duelen.**SUPPORT:** Remove tags or allow alternatives.

ANCHOR

Roles: SELF • FAMILY • SCHOOL

Dock Here for Support



SENSORY | TOUCH / CLOTHING

SEN-022



EN

Light touch hurts.

ES

El toque ligero duele.**SUPPORT:** Avoid light touch.

ANCHOR

Roles: SELF • CARE • SCHOOL

Dock Here for Support



SENSORY | TOUCH / CLOTHING

SEN-023



EN

Pressure helps me.

ES

La presión me ayuda.**SUPPORT:** Offer weighted or firm-pressure option.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE

Dock Here for Support



SENSORY | TOUCH / CLOTHING

SEN-024



EN

I need soft texture.

ES

Necesito textura suave.**SUPPORT:** Offer soft item.

ANCHOR

Roles: SELF • FAMILY • CARE

Dock Here for Support



SENSORY | TOUCH / CLOTHING

SEN-025



EN

Sticky texture is hard.

ES

La textura pegajosa es difícil.**SUPPORT:** Offer cleanup or alternative.

ANCHOR

Roles: SELF • SCHOOL • CARE

Dock Here for Support



SENSORY | TOUCH / CLOTHING

SEN-026



EN

Temperature on skin is hard.

ES

La temperatura en la piel es difícil.**SUPPORT:** Adjust temperature or provide layer.

ANCHOR

Roles: SELF • CARE • PUBLIC

Dock Here for Support



SENSORY | TOUCH / CLOTHING

SEN-027



EN

Hygiene touch needs warning.

ES

El toque de higiene necesita aviso.**SUPPORT:** Explain and get consent.

ANCHOR

Roles: SELF • CARE • FAMILY

Dock Here for Support



SENSORY | SMELL / TASTE

SEN-028



EN

Strong smell is too much.

ES

El olor fuerte es demasiado.**SUPPORT:** Move away from smell.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

Dock Here for Support



SENSORY | SMELL / TASTE
SEN-029



EN
Perfume/cologne hurts.

ES El perfume o colonia molesta.

SUPPORT: Use scent-free space.

ANCHOR

Roles: SELF • WORK • SCHOOL • CARE
 Dock Here for Support
 

SENSORY | SMELL / TASTE
SEN-030



EN
Cleaning smell is hard.

ES El olor de limpieza es difícil.

SUPPORT: Ventilate or relocate.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE
 Dock Here for Support
 

SENSORY | SMELL / TASTE
SEN-031



EN
Food smell is overwhelming.

ES El olor de comida abruma.

SUPPORT: Offer separate space.

ANCHOR

Roles: SELF • SCHOOL • PUBLIC
 Dock Here for Support
 

SENSORY | SMELL / TASTE
SEN-032



EN
Taste or texture is hard.

ES El sabor o textura es difícil.

SUPPORT: Do not force food.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE
 Dock Here for Support
 

SENSORY | SMELL / TASTE
SEN-033



EN
Safe drink helps.

ES Una bebida segura ayuda.

SUPPORT: Allow preferred drink.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE
 Dock Here for Support
 

SENSORY | SMELL / TASTE
SEN-034



EN
Safe food helps.

ES Una comida segura ayuda.

SUPPORT: Allow safe food option.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE
 Dock Here for Support
 

SENSORY | SMELL / TASTE
SEN-035



EN
Fresh air helps.

ES El aire fresco ayuda.

SUPPORT: Offer fresh air break.

ANCHOR

Roles: SELF • PUBLIC • CARE • SCHOOL
 Dock Here for Support
 

SENSORY | SMELL / TASTE
SEN-036



EN
Do not pressure eating.

ES No presione para comer.

SUPPORT: Use nutrition plan, not force.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE
 Dock Here for Support
 

SENSORY | MOVEMENT

SEN-037



EN

I need to move.

ES

Necesito moverme.

SUPPORT: Allow movement break.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support



SENSORY | MOVEMENT

SEN-038



EN

I need to sit still.

ES

Necesito quedarme sentado/a.

SUPPORT: Provide stable seating.

ANCHOR

Roles: SELF • PUBLIC • CARE • SCHOOL

Dock Here for Support



SENSORY | MOVEMENT

SEN-039



EN

Movement makes me dizzy.

ES

El movimiento me mareo.

SUPPORT: Slow down and offer support.

ANCHOR

Roles: SELF • CARE • SCHOOL • PUBLIC

Dock Here for Support



SENSORY | MOVEMENT

SEN-040



EN

Elevators are hard.

ES

Los elevadores son difíciles.

SUPPORT: Offer stairs or prep.

ANCHOR

Roles: SELF • PUBLIC • CARE

Dock Here for Support



SENSORY | MOVEMENT

SEN-041



EN

Stairs are hard.

ES

Las escaleras son difíciles.

SUPPORT: Offer accessible route.

ANCHOR

Roles: SELF • PUBLIC • CARE

Dock Here for Support



SENSORY | MOVEMENT

SEN-042



EN

Stretching helps.

ES

Estirarme ayuda.

SUPPORT: Allow stretch break.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support



SENSORY | MOVEMENT

SEN-043



EN

I need a movement break.

ES

Necesito un descanso de movimiento.

SUPPORT: Schedule movement break.

ANCHOR

Roles: SELF • SCHOOL • WORK • FAMILY

Dock Here for Support



SENSORY | MOVEMENT

SEN-044



EN

Guide me slowly.

ES

Guíeme despacio.

SUPPORT: Use calm pacing.

ANCHOR

Roles: SELF • CARE • SRO • PUBLIC

Dock Here for Support



SENSORY | MOVEMENT
SEN-045



EN
Travel motion is hard.

ES
El movimiento del viaje es difícil.

SUPPORT: Plan breaks and stable seating.

ANCHOR

Roles: SELF • FAMILY • NAV • PUBLIC

Dock Here for Support
 

SENSORY | BODY SIGNALS
SEN-046



EN
I may not feel thirst.

ES
Puede que no sienta sed.

SUPPORT: Offer water reminder.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE

Dock Here for Support
 

SENSORY | BODY SIGNALS
SEN-047



EN
I may not feel hunger.

ES
Puede que no sienta hambre.

SUPPORT: Use meal reminder.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE

Dock Here for Support
 

SENSORY | BODY SIGNALS
SEN-048



EN
I may miss bathroom cues.

ES
Puede que no note señales del baño.

SUPPORT: Offer scheduled bathroom access.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE

Dock Here for Support
 

SENSORY | BODY SIGNALS
SEN-049



EN
Pain may show as behavior.

ES
El dolor puede parecer conducta.

SUPPORT: Check pain first.

ANCHOR

Roles: SELF • CARE • SCHOOL • SRO

Dock Here for Support
 

SENSORY | BODY SIGNALS
SEN-050



EN
I feel overloaded inside.

ES
Me siento sobrecargado/a por dentro.

SUPPORT: Use grounding and reduce input.

ANCHOR

Roles: SELF • CARE • SCHOOL • WORK

Dock Here for Support
 

SENSORY | BODY SIGNALS
SEN-051



EN
Heartbeat feels scary.

ES
El latido se siente aterrador.

SUPPORT: Explain and check safety.

ANCHOR

Roles: SELF • CARE • SCHOOL

Dock Here for Support
 

SENSORY | BODY SIGNALS
SEN-052



EN
Energy is gone.

ES
No tengo energía.

SUPPORT: Lower expectations today.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK

Dock Here for Support
 

SENSORY | BODY SIGNALS
SEN-053



EN
Sleep affects access.

ES
El sueño afecta el acceso.

SUPPORT: Adjust supports when tired.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE
 Dock Here for Support
 

SENSORY | BODY SIGNALS
SEN-054



EN
Body signals are confusing.

ES
Las señales del cuerpo confunden.

SUPPORT: Use body check cards.

ANCHOR

Roles: SELF • CARE • FAMILY
 Dock Here for Support
 

SENSORY | DEMAND / TRANSITION
SEN-055



EN
Transition warning needed.

ES
Necesito aviso de transición.

SUPPORT: Use countdown cues.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE
 Dock Here for Support
 

SENSORY | DEMAND / TRANSITION
SEN-056



EN
One demand at a time.

ES
Una demanda a la vez.

SUPPORT: Reduce to one request.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE
 Dock Here for Support
 

SENSORY | DEMAND / TRANSITION
SEN-057



EN
Task is too big.

ES
La tarea es demasiado grande.

SUPPORT: Break into smaller steps.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE
 Dock Here for Support
 

SENSORY | DEMAND / TRANSITION
SEN-058



EN
Routine helps.

ES
La rutina ayuda.

SUPPORT: Keep predictable sequence.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK
 Dock Here for Support
 

SENSORY | DEMAND / TRANSITION
SEN-059



EN
Offer choice.

ES
Ofrezca opciones.

SUPPORT: Give choice without pressure.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE
 Dock Here for Support
 

SENSORY | DEMAND / TRANSITION
SEN-060



EN
Threats escalate.

ES
Las amenazas escalan.

SUPPORT: Remove threat language.

ANCHOR

Roles: SELF • SCHOOL • SRO • CARE
 Dock Here for Support
 

SENSORY | DEMAND / TRANSITION

SEN-061



EN

Freeze response.

ES

Respuesta de congelamiento.

SUPPORT: Pause and lower demand.

ANCHOR

Roles: SELF • SCHOOL • CARE • SRO

Dock Here for Support



SENSORY | DEMAND / TRANSITION

SEN-062



EN

Written plan needed.

ES

Necesito plan escrito.

SUPPORT: Write the next steps.

ANCHOR

Roles: SELF • NAV • SCHOOL • WORK

Dock Here for Support



SENSORY | DEMAND / TRANSITION

SEN-063



EN

First/then helps.

ES

Primero/después ayuda.

SUPPORT: Use first/then visual.

ANCHOR

Roles: SELF • SCHOOL • FAMILY • CARE

Dock Here for Support



SENSORY | ENVIRONMENT / WAITING

SEN-064



EN

Lines are difficult.

ES

Las filas son difíciles.

SUPPORT: Offer alternate wait.

ANCHOR

Roles: SELF • PUBLIC • CARE • SCHOOL

Dock Here for Support



SENSORY | ENVIRONMENT / WAITING

SEN-065



EN

Private waiting helps.

ES

Esperar en privado ayuda.

SUPPORT: Offer quiet/private wait.

ANCHOR

Roles: SELF • CARE • SCHOOL

Dock Here for Support



SENSORY | ENVIRONMENT / WAITING

SEN-066



EN

Healthcare setting is hard.

ES

El entorno médico es difícil.

SUPPORT: Reduce triggers and explain steps.

ANCHOR

Roles: SELF • CARE • FAMILY

Dock Here for Support



SENSORY | ENVIRONMENT / WAITING

SEN-067



EN

School hallways overload me.

ES

Los pasillos de la escuela me sobrecargan.

SUPPORT: Use alternate passing plan.

ANCHOR

Roles: SELF • SCHOOL

Dock Here for Support



SENSORY | ENVIRONMENT / WAITING

SEN-068



EN

Transit needs clear timing.

ES

El transporte necesita horario claro.

SUPPORT: Confirm pickup and route.

ANCHOR

Roles: SELF • NAV • PUBLIC

Dock Here for Support



SENSORY | ENVIRONMENT / WAITING **SEN-069**



EN
I need a simple map.

ES **Necesito un mapa sencillo.**

SUPPORT: Show route visually.

ANCHOR

Roles: SELF • PUBLIC • NAV

Dock Here for Support



SENSORY | ENVIRONMENT / WAITING **SEN-070**



EN
Forms are too much.

ES **Los formularios son demasiado.**

SUPPORT: Assist with plain-language form.

ANCHOR

Roles: SELF • PUBLIC • NAV • CARE

Dock Here for Support



SENSORY | ENVIRONMENT / WAITING **SEN-071**



EN
Waiting seat needed.

ES **Necesito asiento para esperar.**

SUPPORT: Provide seat.

ANCHOR

Roles: SELF • PUBLIC • CARE

Dock Here for Support



SENSORY | ENVIRONMENT / WAITING **SEN-072**



EN
This is an ANCHOR access point.

ES **Este es un punto de acceso ANCHOR.**

SUPPORT: Dock here for support.

ANCHOR

Roles: SELF • PUBLIC • NAV

Dock Here for Support



SENSORY | SOCIAL / CROWD **SEN-073**



EN
Too crowded.

ES **Demasiada gente.**

SUPPORT: Create space or exit.

ANCHOR

Roles: SELF • PUBLIC • SCHOOL • CARE

Dock Here for Support



SENSORY | SOCIAL / CROWD **SEN-074**



EN
Too much talking.

ES **Demasiada conversación.**

SUPPORT: One speaker at a time.

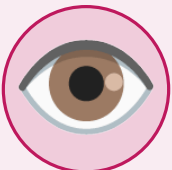
ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support



SENSORY | SOCIAL / CROWD **SEN-075**



EN
Do not force eye contact.

ES **No fuerce contacto visual.**

SUPPORT: Respect natural gaze.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support



SENSORY | SOCIAL / CROWD **SEN-076**



EN
Small talk is hard.

ES **La charla casual es difícil.**

SUPPORT: Use direct language.

ANCHOR

Roles: SELF • WORK • PUBLIC

Dock Here for Support



SENSORY | SOCIAL / CROWD

SEN-077



EN

Boundary needed.

ES

Necesito límite.**SUPPORT:** Respect stated boundary.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK

Dock Here for Support



SENSORY | SOCIAL / CROWD

SEN-078



EN

More personal space.

ES

Más espacio personal.**SUPPORT:** Step back.

ANCHOR

Roles: SELF • SCHOOL • SRO • PUBLIC

Dock Here for Support



SENSORY | SOCIAL / CROWD

SEN-079



EN

I need less attention.

ES

Necesito menos atención.**SUPPORT:** Reduce audience.

ANCHOR

Roles: SELF • SCHOOL • PUBLIC

Dock Here for Support



SENSORY | SOCIAL / CROWD

SEN-080



EN

Help me exit politely.

ES

Ayúdeme a salir con respeto.**SUPPORT:** Offer exit script.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • WORK

Dock Here for Support



SENSORY | SOCIAL / CROWD

SEN-081



EN

No photos or videos.

ES

No fotos ni videos.**SUPPORT:** Stop recording.

ANCHOR

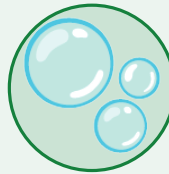
Roles: SELF • SCHOOL • PUBLIC • SRO

Dock Here for Support



SENSORY | REGULATION SUPPORT

SEN-082



EN

Breathing tool helps.

ES

La herramienta de respiración ayuda.**SUPPORT:** Use breathing visual.

ANCHOR

Roles: SELF • SCHOOL • CARE • WORK

Dock Here for Support



SENSORY | REGULATION SUPPORT

SEN-083



EN

5-4-3-2-1 helps.

ES

5-4-3-2-1 ayuda.**SUPPORT:** Use grounding steps.

ANCHOR

Roles: SELF • SCHOOL • CARE • WORK

Dock Here for Support



SENSORY | REGULATION SUPPORT

SEN-084



EN

Comfort object helps.

ES

Un objeto de consuelo ayuda.**SUPPORT:** Allow comfort item.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE

Dock Here for Support



SENSORY | REGULATION SUPPORT
SEN-085



EN
Fidget helps focus.

ES
Mover algo ayuda a enfocarme.

SUPPORT: Allow discreet fidget.

ANCHOR

Roles: SELF • SCHOOL • WORK • CARE

Dock Here for Support


SENSORY | REGULATION SUPPORT
SEN-086



EN
Predictable sound helps.

ES
El sonido predecible ayuda.

SUPPORT: Allow safe audio.

ANCHOR

Roles: SELF • FAMILY • WORK

Dock Here for Support


SENSORY | REGULATION SUPPORT
SEN-087



EN
Cold item helps.

ES
Un objeto frío ayuda.

SUPPORT: Offer cold pack if wanted.

ANCHOR

Roles: SELF • SCHOOL • CARE

Dock Here for Support


SENSORY | REGULATION SUPPORT
SEN-088



EN
Low-stimulation kit helps.

ES
Un kit de baja estimulación ayuda.

SUPPORT: Use sensory kit.

ANCHOR

Roles: SELF • SCHOOL • CARE • MOBILE

Dock Here for Support


SENSORY | REGULATION SUPPORT
SEN-089



EN
Calm body cue helps.

ES
Una señal corporal calma ayuda.

SUPPORT: Offer stretch/pressure option.

ANCHOR

Roles: SELF • SCHOOL • CARE

Dock Here for Support


SENSORY | REGULATION SUPPORT
SEN-090



EN
Timer helps.

ES
Un temporizador ayuda.

SUPPORT: Use visible timer.

ANCHOR

Roles: SELF • SCHOOL • CARE • WORK

Dock Here for Support


SENSORY | SAFETY / CRISIS
SEN-091



EN
Rumble stage.

ES
Etapla de alerta.

SUPPORT: Reduce input now.

ANCHOR

Roles: SELF • SCHOOL • SRO • CARE

Dock Here for Support


SENSORY | SAFETY / CRISIS
SEN-092



EN
Meltdown support.

ES
Apoyo para crisis.

SUPPORT: Safety, space, low input.

ANCHOR

Roles: SELF • SCHOOL • SRO • CARE

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SENSORY | SAFETY / CRISIS

SEN-093



EN

Shutdown support.

ES

Apoyo para apagamiento.

SUPPORT: No forced speech.

ANCHOR

Roles: SELF • SCHOOL • CARE

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SENSORY | SAFETY / CRISIS

SEN-094



EN

Quiet exit needed.

ES

Necesito salida tranquila.

SUPPORT: Guide to safe exit.

ANCHOR

Roles: SELF • SCHOOL • PUBLIC • SRO

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SENSORY | SAFETY / CRISIS

SEN-095



EN

Privacy after crisis.

ES

Privacidad después de la crisis.

SUPPORT: Protect dignity.

ANCHOR

Roles: SELF • SCHOOL • CARE • PUBLIC

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SENSORY | SAFETY / CRISIS

SEN-096



EN

Check medical issue.

ES

Revise problema médico.

SUPPORT: Screen pain/illness.

ANCHOR

Roles: SELF • CARE • SRO • SCHOOL

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SENSORY | SAFETY / CRISIS

SEN-097



EN

Contact support person.

ES

Contacte a mi persona de apoyo.

SUPPORT: Call listed contact.

ANCHOR

Roles: SELF • SCHOOL • CARE • SRO

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SENSORY | SAFETY / CRISIS

SEN-098



EN

Recovery before talking.

ES

Recuperación antes de hablar.

SUPPORT: Debrief later.

ANCHOR

Roles: SELF • FAMILY • SCHOOL • CARE

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SENSORY | SAFETY / CRISIS

SEN-099



EN

Safety plan, not punishment.

ES

Plan de seguridad, no castigo.

SUPPORT: Follow support plan.

ANCHOR

Roles: SELF • SCHOOL • SRO • CARE

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SENSORY | ROLE RESPONSE

SEN-100



EN

Educator: visual supports.

ES

Educador/a: apoyos visuales.

SUPPORT: Show, model, repeat.

ANCHOR

Roles: SCHOOL • SELF • FAMILY

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SENSORY | ROLE RESPONSE

SEN-101



EN

SRO: distance and calm.

ES

SRO: distancia y calma.**SUPPORT:** One speaker, low voice.

ANCHOR

Roles: SRO • SCHOOL • SELF

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SENSORY | ROLE RESPONSE

SEN-102



EN

Provider: consent first.

ES

Proveedor/a: consentimiento primero.**SUPPORT:** Explain and ask.

ANCHOR

Roles: CARE • SELF • FAMILY

Dock Here for Support



SENSORY | ROLE RESPONSE

SEN-103



EN

Navigator: connect services.

ES

Navegador/a: conecte servicios.**SUPPORT:** Route and follow up.

ANCHOR

Roles: NAV • SELF • FAMILY

Dock Here for Support



SENSORY | ROLE RESPONSE

SEN-104



EN

Family: believe communication.

ES

Familia: crea la comunicación.**SUPPORT:** Presume competence.

ANCHOR

Roles: FAMILY • SELF

Dock Here for Support



SENSORY | ROLE RESPONSE

SEN-105



EN

Employer: write expectations.

ES

Empleador/a: escriba expectativas.**SUPPORT:** Clarify tasks.

ANCHOR

Roles: WORK • SELF

Dock Here for Support



SENSORY | ROLE RESPONSE

SEN-106



EN

Mobile team: low-tech backup.

ES

Equipo móvil: respaldo de baja tecnología.**SUPPORT:** Bring cards and charger.

ANCHOR

Roles: MOBILE • NAV • CARE

Dock Here for Support



SENSORY | ROLE RESPONSE

SEN-107



EN

Academy: scenario practice.

ES

Academia: práctica con escenarios.**SUPPORT:** Use role-specific drills.

ANCHOR

Roles: ACADEMY • SCHOOL • CARE • SRO

Dock Here for Support



SENSORY | ROLE RESPONSE

SEN-108



EN

Language access always.

ES

Acceso al idioma siempre.**SUPPORT:** Offer English/Spanish support.

ANCHOR

Roles: PUBLIC • NAV • CARE • SCHOOL

Dock Here for Support

